

RESOURCES

Health & Wellness Resources

- Visit the **Student Counseling Center** (SSB 4.600) if you are feeling anxious, stressed, depressed, or just not like yourself.
 - The Student Counseling Center is dedicated to serving the mental health needs of UTD students. This includes anxiety, stress, depression, family conflict, relationship concerns, grief, loneliness, and much more.
 - Initial appointments must be made by contacting counselingcenter@utdallas.edu. Our services are confidential and not part of scholastic records. There is no charge for currently enrolled UT Dallas students.
 - If you are in crisis, call the 24/7 Crisis Hotline at [972-883-8255](tel:972-883-8255).
 - In the event of a true emergency, call [911](tel:911) or UT Dallas Police at [972-883-2222](tel:972-883-2222).
- Visit the **Center for Students in Recovery** (SSB 4.500) if you are seeking recovery from substance and alcohol use, eating disorders, and other addictions and compulsive behaviors. The CSR also helps students affected by these issues or individuals exploring the impact of addictions or compulsive behaviors within their lives.
- Visit the **Student Health Center** (SSB 4.700) if you are not feeling well for primary and preventative healthcare. You can schedule an appointment online or by calling [972-883-2747](tel:972-883-2747).
- Visit the **Student Wellness Center** (SSA 14.270) for consulting, education, promotion and prevention services related to various public health topics.

Academic Resources

- Reach out to your instructor, utilize their office hours, and seek assistance from your Teaching Assistant.
- Schedule an appointment or visit the **Student Success Center** (MC 1.302) for:
 - **Academic Success Coaching**
 - Student leaders assist you with academic success strategies and behaviors. Schedule an appointment online.
 - **Peer Tutoring**
 - Peer tutoring is offered for many historically challenging subjects including calculus, linear algebra, physics, general chemistry, and organic chemistry. Schedule an appointment online.
 - **Peer-Led Team Learning (PLTL)**
 - Weekly, small group study sessions that guide students through a potentially difficult gateway course.
 - **Supplemental Instruction (SI)**
 - Collaborative, peer-facilitated study sessions for students taking SI-supported courses. Look at the weekly sessions online.
 - **Writing Center**
 - The Writing Center provides constructive feedback and writing support for undergraduate and graduate students through one-on-one and group appointments. Make an appointment online.
 - **CommLab**
 - The CommLab provides practical feedback and resources for improving oral presentations through one-on-one and group appointments. Make an appointment online.
- Additional Academic Resources:
 - **Jindal School Accounting Tutoring Lab** (JSOM 12.104)
 - **Business Communications Center** (JSOM 12.106)
 - **Jindal School Excel Lab** (JSOM 12.101)
 - **JSOM Statistics and Math Lab** (JSOM 2.414)
 - **IEEE Tutoring**
 - **Computer Science Mentor Center**
 - **Econ Lab** (GR 3.416 Galveston Room)

General Resources

- **Graduation Help Desk** supports faculty, staff, and students by developing solutions to complex academic and non-academic issues that could adversely impact a student's academic performance, sense of belonging, or path to graduation. Visit their website to make an appointment.
- The **Dean of Students Office** (SSB 4.400) offers a variety of services and experiences that provide you with a sense of belonging while preparing you to be responsible, engaged citizens in a rapidly changing global environment. Visit their website for more information.
- The **Student Ombuds Office** (SSA 14.120) is a confidential, impartial, independent and informal resource for students who wish to share concerns, seek advice and raise questions or complaints about any aspect of their college experience. To schedule a meeting, send an email to studentombuds@utdallas.edu or call (972) 883-6968.
- **Residential Life** works with students to build an on-campus community. Staff are available to assist with concerns related to living on campus. Visit their website for more information, or contact them at housing@utdallas.edu or (972) 883-7430.
- **AccessAbility Resource Center** (AD 2.224) provides disability and accessibility services to students and employees at The University of Texas at Dallas. These services include:
 - Academic accommodations for eligible students with documented mobility, sensory, health, psychological and learning disabilities
 - Facilitation of non-academic and environmental accommodations and services
 - Resources and referral information, and advocacy support as necessary and appropriate
- The **Office of Financial Aid** is here to assist you as you navigate the financial aid process. Questions regarding tuition, student accounts, and refunds can be answered by the Bursar Office. Visit their website for more information and contact them at financial-aid@utdallas.edu or (972) 883-2941.
- The **Student Emergency Financial Assistance Program** helps students with unanticipated expenses for unforeseen, short term issues that require financial resources to solve, and if not addressed, could prohibit a student from remaining enrolled and persisting toward graduation at UT Dallas. Please visit the website for details and email dos@utdallas.edu for more information.
- **Comet Cents Money Management Center** (MC 1.413) provides free education to currently enrolled students on personal financial topics such as saving/budgeting, credit management, student loans, identity theft and financial responsibilities after college. Schedule an appointment online.
- The **University Career Center** (SSB 3.300) is a one-stop shop dedicated to helping undergraduates, graduate students and alumni with their career preparation. From personalized career advising to career fairs and everything in-between, the UCC exists to help get you started in your career. Partner with us as you explore majors and careers, identify experiential learning opportunities, prepare your resume and cover letter and practice your interviewing skills. Schedule an appointment online.
- **Office of Information Technology** (SU 1.204) offers support via phone, chat, Atlas ticket, and in person at the TechKnowledge Bar and computer labs.
- **Comet Cupboard** (MC 1.604) is a UT Dallas food pantry initiative dedicated to helping students in need by providing necessary food and personal care items to members of the UT Dallas community.